

Kids – ‘Go for your life’

Healthy primary schools

Kids - ‘Go for your life’ Policy

School name: _____

Rationale:

Aim:

Whole of school:

Relevant policies:

This policy document is supported by the following existing school policies and documents within the school:

Evaluation:

This policy will be reviewed every _____ years and in accordance to the Department of Education policies. Next review date is _____

I confirm that the following Award criteria have been met as described in this document and these strategies are formally adopted as school policy

School Principal name:

School Council President name:

Signature:

Signature:



Policy Area 1:
Healthy Drink Choices



Policy Area 2:
Healthy Lunchboxes, Healthy Breaks



**LIMIT
'OCCASIONALLY'
FOODS**

Policy Area 3: Healthy Canteen, Lunch Order and Other Food Services



**MOVE,
PLAY
AND GO**

Policy Area 4: Providing Physical Activity and Education



**TURN OFF,
SWITCH
TO PLAY**

Policy Area 5: More Active Play



**STRIDE AND
RIDE**

Policy Area 6: Healthy, Active and Safe Travel



HEALTH
PROMOTING
SCHOOL

Policy Area 7: Curriculum



HEALTH
PROMOTING
SCHOOL

Policy Area 8: Families and Community