

Carlisle River Primary School

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Newsletter

Monday 13th February 2023



STUDENT of THE WEEK

Tilly

For overcoming her fear in High Jumping.

Fantastic effort!

SCHOOL DIARY

updated weekly

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
13th	14th	15th Library Van Mrs Melville CRT	16th	17th Creative writing with Ms Jackie		
20th	21st School council meeting (final for 2022/2023) 3.40pm	22nd Art with Ms Parker Swimming lessons 12-1pm	23rd	24th Creative writing with Ms Jackie		
27th	28th	1st March Library Van Swimming lessons 12-1pm	2nd	3rd Creative writing with Ms Jackie		
6th	7th	8th ART VAN Swimming lessons 12-1pm	9th	10th Creative writing with Ms Jackie		
13th Labour Day Holiday	14th	15th Library Van Naplan test	16th Naplan test	17th Naplan test		

Things we are doing

NO SWIMMING THIS WEEK

Swimming Lessons

Wednesdays 22nd Feb. 1st & 8th March

Cost is \$10 per student per lesson.

School council Meeting – Tuesday 21st February – starting at 3.40pm

NAPLAN testing for Grades 3 & 5 on 15th to 17th March

Group day at Lavers Hill College - Tuesday 21st March

Polwarth Sports – Thursday 23rd March at Alvie Consolidated School. Parents & Friends are welcome to attend the day to support their children.

We are practicing for the Sports day in our P.E sessions. Students will need runners for practice.

HEALTHY

Eating



Sugary treats

EAT A LITTLE



Foods high in fat
such as chocolate



Fast food and take out



EAT A MEDIUM AMOUNT



Pasta



Dairy products

Fish



Meat



Fruit



EAT A LOT



Vegetables



Whole grains

